

Annotations

CROSS BORDER SEMINAR
METHODS, TECHNIQUES AND TOOLS TO DIAGNOSE COMPETENCES
WARSAW, 2013

Name of the workshop	<p>“Experience career counseling. Tasting of experiential techniques for mapping competencies, skills and strengths”.</p>
Name of the expert and short description of professional background	<p>Lukáš Kučera deals with experiential education since 2006. Has experience in the preparation of the experiential and self-experience program for adults, youth and children in foster care and with training of experiential learning approach for instructors and teachers. He is interested in the field of self-reflection, self-knowledge, self-confidence, communication, facilitation, finding of values, talents and strong points, development of skills and competencies, life designing, life direction, time management. Last two and a half years work in the career center Czech technical university. Offers counseling for university students and organizes workshops on career guidance, soft skills and personal development. He has CH-Q self-management of competencies certificate (1B), Course of coaching approach for career counselors (26 h) and weekend of experiential career guidance with Thomas Diener.</p>
Description of the workshop	<p>The aim of the workshop is to familiarize participants with the use of experiential education for career counseling. Participants will taste creative and playful techniques for working with the group on the mapping of competencies, skills and strengths. Participants will try several examples of these techniques. An important part of the workshop will be introduction of main principle of experiential education - Kolb learning cycle. And brief insight into the creation of experiential programs, group work and motivation of participants. At the end of the workshop will be place for sharing experiences, inspiration and good practice.</p> <p>Process</p> <ul style="list-style-type: none"> • Introduction of program and lecturer, introduction of participants and their expectations, creating a safe environment (15 minutes) • Try out shortened versions of playful and creative approaches for mapping competencies (4 x 15 minutes) • Explanation of basic principles of experiential learning - How to prepare and lead experiential programs (20 minutes) • Introduction and sharing examples of good practice (20 minutes)
Technical requirements	<p>PC, projector, flipchart, felt pens</p>